


Topics

- Living the Muslim life
- Healthy living & Islam
- 4 Schools of Fiqh
- Halal and Haram



What Is Halal?

Halal is that which adheres to Shariah (Islamic Law). Halal meat must be slaughtered in a specific manner according to the Quran and Hadith



What Is Haram?


The Arabic term for forbidden (unlawful). For example certain food and drinks are considered Haraam such as pork and alcohol. Muslims must choose between Halal and Haraam

Key Words

- **Shariah** – Islamic law
- **Fiqh** - the theory or philosophy of Islamic law, based on the teachings of the Quran and the traditions of the Prophet. Muhammad (SAW)
- **Religious Law** – Laws pertaining to religions
- **Monarchy** – A form of government with a monarch at the head
- **Moral responsibility** – How do people act morally and how do they morally choose
- **Alcohol**
- **Drugs**
- **Halal** – Something which is permissible
- **Haram** – Something which is impermissible

Key Questions

- How do Muslims make moral and legal decisions?
- What is the difference between religious law and law of the land?
- How does a person follow religious law as well as the law of the land?
- How do Muslims act as stewards by taking care of their own bodies?
- What is it important to live a healthy lifestyle?
- Why are some foods halal and some haram?
- What are Islamic teachings on alcohol and drugs?



The 4 Main Schools Of Fiqh

Hanafi:
The Imam of this school was called Abu Hanifah, Nu`man bin Thabit (may Allah have mercy upon him). He was of Persian origin. He was born in Kufa, Iraq, in the year 80 AH.

Maliki:
The Imam of this school is Malik bin Anas (may Allah have mercy upon him) who was born in 95 AH and passed away in 179 AH at the age of 86. He was blessed to have been born and pass away in the blessed city of Madinah. He was buried in Jannah al-Baqi

Shafi'i:
The Imam of this school is Muhammad bin Idris (may Allah have mercy upon him). He was born in Gazzah in the year 150AH. He died in Egypt in the year 204 AH. His lineage meets with that of the Prophet (peace be upon him) on the seventh level.

Hanbali:
The Imam of this school is Ahmad bin Muhammad bin Hanbal (may Allah have mercy upon him) who was born in 164 A.H