

## Key Terms

Equality	treating everyone the same.
Racism	Treating someone differently because of their race/nationality/religion.
Prejudice	an unfair and unreasonable opinion or feeling, especially when formed without enough thought or knowledge.
Discrimination	Acting on prejudice ideas, treating someone unfairly for a reason out of their control.
Stereotype	Assuming everybody with a certain characteristic are the same.
Diversity	Showing differences from person to person.
Identity	What makes you, you
British Values	Ideas, characteristics or mindset which makes you feel British.
Dignity	A feeling of worth.
Values	personal judgement of what is important in life.
Rights	What every human is entitled to.
Anti-Social Behaviour	actions that harm or lack consideration for the well being of others.
Human Rights	the basic rights and freedoms that belong to every person in the world from birth until death.

## What Skills will I Develop in Heart for Life?

Each lesson will have opportunities to develop your skills through a variety of learning activities, ranging from:

- Thinking skills
- Enquiry and evaluation skills
- Research skills
- Debate and communication skills
- Active learning.
- Reflective learning skills.
- Personalised learning skills.
- Revision and recall.



## Overview

This unit of work is about learning how people can be treated unfairly, and recognising how that is wrong. We will explore several key types of discrimination and what we as a community can do to overcome it. We will celebrate diversity and the good it can bring to our society. You will consider the impacts of prejudices and the strategies for overcoming discrimination by looking at Human Rights, British Law and diversity in modern day Britain. The Equality Act 2010

## Key Concepts

British Values, Citizenship, Health and Well Being, Living in the Wider World, Human Rights.

## Essential attributes developed through Heart for Life.

Self -Improvement  
 Resilience  
 Self-organisation  
 Clarifying own values  
 Developing and maintaining a healthy self concept  
 Empathy and compassion  
 Respect for others  
 Skills for employability  
 enterprise skills